



PROJECT S.A.R.A.H.

Parsha Points

This is a partial list of some ideas for jump-off points into the topic of abuse in the weekly Torah portions.

Bereishit

- Adam and Eve: the ideal of marriage
- Cain and Abel: family conflict

Lech Lecha

- Abraham and Sarah: shalom bayit
- Pharaoh and Sarah: power & sexual abuse

Vayeira

- Lot and his daughters: incest
- Avimelech and Sarah: power & sexual abuse

Chayei Sarah

- Finding Rebecca: *chesed* & marriage

Toldot

- Jacob and Esau: family conflict
- Avimelech and Rebecca: power & sexual abuse
- Esau's marriages: marriage for the wrong reasons

Vayeitzei

- Jacob consults with Rachel and Leah: appropriate husband-wife relationships

Vayishlach

- Dinah's abduction: sexual abuse

Vayeishev

- Joseph and his brothers: family conflict
- Potiphar's wife: power dynamics, sexual abuse
- Joseph's brothers bow down: family power dynamics

Shemot

- Pharaoh: power & control

Mishpatim

- Prohibition of hitting others
- Rape

Metzora

- The *metzora*: isolation from the community

Acharei Mot

- Forbidden sexual relationships: incest & sexual abuse

Kedoshim

- *Lo telech rachil be'amecha*: reporting abuse
- Do not stand idly by the blood of your brother: reporting abuse; reaching out to victims
- Forbidden sexual relationships: incest & sexual abuse